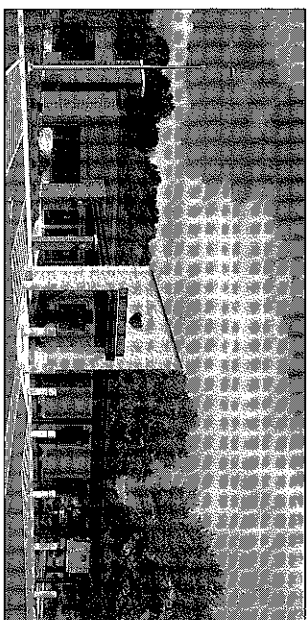


Directions to HARTFORD location:

The NEAT Marketplace
33 Coventry Street
Hartford, CT 06112



You Must Register In Advance For All Programs. Space Is Limited!

Light refreshments will be served. Please arrive *on time* as a courtesy to others.

For information or to register:

For outreach classes:

call 860-242-2274, extension 3500

E-mail: info@oakhillcrse.org

For mammograms:

call 860-286-3105

E-mail: info@neatmarketplace.org

Cancellation Policy

Oak Hill reserves the right to re-schedule in the event of an emergency.



The Susan G. Komen Breast Cancer Foundation was established in 1982 by Nancy Brinker to honor the memory of her sister, Susan G. Komen, who died from breast cancer at the age of 36. Today the Foundation is an international organization with a network of volunteers working through local affiliates to eradicate breast cancer as a life-threatening disease.



The Oak Hill Center for Relationship & Sexuality Education provides therapeutic and educational programs that promote safe and healthy relationships, specializing in youth and adults with developmental disabilities, specific syndromes and other physical, social and emotional conditions.

Oak Hill is grateful to the Connecticut Affiliate of the Komen Foundation for sponsoring this educational program for women with intellectual disabilities for the last 3 years.

Help us make a difference!

91 North

Exit 35 B - keep left on exit. Turn left onto Cottage Grove Road (Rt 218), follow to intersection of Blue Hills Avenue (Rt 187). Turn left onto Blue Hills Avenue; follow to 4th light (Holcomb Street); turn left onto Holcomb Street. At bottom of the hill turn left on Coventry St. The NEAT driveway is your next left. (Telephone 860-243-2869)

84 East and 84 West

to 91 North follow directions above.

91 South

Exit 35 B - turn right on exit. Turn right onto Cottage Grove Road (Rt 218), follow to intersection of Blue Hills Avenue (Rt 187). Turn left onto Blue Hills Avenue; follow to 4th light (Holcomb Street); turn left onto Holcomb Street. At bottom of the hill turn left on Coventry St. The NEAT driveway is your next left. (Telephone 860-243-2869)



For a complete calendar of events

visit our website

www.oakhillcrse.org
or call The Oak Hill CRSE
at 860-242-2274, extension 3500
120 Holcomb Street, Hartford, CT 06112

CRSE is a program of

The Connecticut Institute for the Blind, Inc.
a 501(c)(3) not-for-profit corporation (dba Oak Hill)

Breast Health Education
and
Screening Mammograms
for
Women with Developmental
Disabilities

sponsored by
The Oak Hill Center for
Relationship & Sexuality
Education

Through the generous support
of
The Susan G. Komen
Breast Cancer Foundation
Connecticut Affiliate

Women with Developmental Disabilities Get Breast Cancer Too!

The CRSE offers free breast health classes for women with developmental disabilities and their care providers.

The goal of this program is to increase the comfort, awareness and skill of women with developmental disabilities in relation to breast health. Participants will have the opportunity to practice breast self-examination on an anatomical model with the help of a qualified instructor. Caregivers who attend will be able to assist the women to generalize what they learn and practice it in their daily life.

"The classes have proven to be very helpful in a few of our ladies finding lumps that were not normal and going for early exams."

"I wanted to thank you again for coming to our agency and providing the breast health class. It seems that it is getting more and more difficult to find resources in the community for our program participants, please know that the services you are providing are appreciated."

"The staff were very pleased with the process. We had been unable to obtain a mammogram for several years on most of the ladies. I would recommend it for anyone who has difficulty in the traditional setting."

"I came to this class last year with a woman who was later able to detect cancer in her breast. We need to have more awareness classes."

Free Outreach Classes for Women with Disabilities

Our classes offer you:

- ❖ Important health information
- ❖ A comfortable place to learn with other women
- ❖ Teachers who answer your questions
- ❖ A slide show
- ❖ A video
- ❖ Educational models
- ❖ Time to practice what you learn
- ❖ Refreshments
- ❖ A certificate that says *you are a great success!*

Program Features:

- ❖ Small class size
- ❖ For women only
- ❖ Caregivers welcome
- ❖ Excellent teaching ratio
- ❖ Instructors with RN or Masters credentials
- ❖ Multi-modality curriculum
- ❖ Emphasis on good health practices
- ❖ Sensitivity to safe boundaries

**Contact us to schedule a
FREE CLASS AT YOUR LOCATION
anywhere in Connecticut
or to join a class at our location.**



This project is made possible thanks to a generous grant from
**The Susan G. Komen
Breast Cancer Foundation**
Connecticut Affiliate

Screening Mammograms in a Supportive Environment

We are grateful to the Hartford Hospital Partnership for Breast Care for providing their mobile unit for screening mammograms at Oak Hill's NEAT Marketplace.



Specialties and Hartford Hospital Working Together

HARTFORD HOSPITAL



Nine out of 10 women who participated in this program had successful mammograms in our supportive environment after they had been unsuccessful in a more typical setting.

Screening Mammograms

IN HARTFORD:

Wednesday, November 8, 2006, 9:00 AM to 2:00 PM

IN HARTFORD:

Saturday, December 2, 2006, 9:00 AM to 2:00 PM

Additional dates available based on demand.
Call for information on free or low cost screenings or to inquire about reserving the mobile unit at your location in the Greater Hartford area.